

Review articles

Clinical application of adenosine and ATP for pain control

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Abstract This review summarizes clinical application of adenosine and adenosine 5'-triphosphate (ATP) in pain conditions. Investigations have been performed in patients with acute perioperative pain or chronic neuropathic pain treated with intravenous adenosine or ATP, or intrathecal adenosine. Characteristic central adenosine A1 receptor-mediated pain-relieving effects have been observed after intravenous adenosine infusion in human inflammation/sensitization pain models and in patients with chronic neuropathic pain. Adenosine compounds, in low doses, can reduce allodynia/hyperalgesia more consistently than spontaneous pain, suggesting that these compounds affect neuronal pathophysiological mechanisms involved in central sensitization. Such pain-relieving effects, which are mostly mediated via central adenosine A1 receptor activation, have a slow onset and long duration of action, lasting usually for hours or days and occasionally for months. With acute perioperative pain, treatment with a low-dose infusion of adenosine compounds and the A1 receptor-mediated central antisensitization mechanisms may play only a minor part in the total perioperative pain experience. By administering sufficient doses of adenosine compounds during surgery, however, significant and long-lasting perioperative pain relief can be achieved via central A1 receptor-mediated antinociceptive/analgesic actions as well as via peripheral A2a or A3 receptor-mediated antiinflammatory actions. Thus, adenosine compounds have significant potential for alleviating various types of pain.

Key words Adenosine · Adenosine 5'-triphosphate (ATP) · Human experimental pain · Perioperative pain · Neuropathic pain

Introduction

The pivotal roles that purine compounds play in central and peripheral nociception/pronociception or

antinociception/analgesia have been extensively reviewed by a number of investigators [1–6]. Clinical application of purine compounds as pain medicine has been recently reviewed [7–10]. This review summarizes updated knowledge of the clinical application of purine nucleoside (adenosine) and purine nucleotide adenosine 5'-triphosphate (ATP) in patients with acute or chronic pain, with condensed experimental background data to support such application in humans.

Experimental background

Extracellular adenosine and ATP have been proposed as neuromodulators or neurotransmitters. Adenosine is now well recognized to be an important modulator of neurotransmission in many physiological functions, such as regulation of arousal and sleep, anxiety, cognition, and memory [2,4,6]. Under certain pathological conditions (e.g., trauma, ischemia, seizure activity), it can serve a significant protective role. In addition, adenosine regulates pain transmission by its action at spinal, supraspinal, and peripheral sites. Adenosine and ATP act on specific receptors designated P1 (adenosine) and P2 (ATP) receptors, respectively. Adenosine receptors are classified into four subtypes (G protein-coupled A1, A2a, A2b, and A3 receptors), and ATP receptors are classified into two subfamilies (ligand-gated, ionotropic P2X receptors and G protein-coupled, metabotropic P2Y receptors) on the basis of their structures and signal transduction systems [3,4]. Currently, P2X and P2Y receptors expressed in mammalian cells are classified into seven subtypes of P2X receptors (P2X₁₋₇) and six subtypes of P2Y receptors (P2Y_{1,2,4,6,11,12}), respectively [11,12].

Abundant studies in rodents have demonstrated that spinal or systemic administration of adenosine and adenosine analogues inhibits pain behaviors in response to noxious stimuli in a variety of test systems, including

acute nociceptive pain tests, inflammatory pain tests, and peripheral and central neuropathic pain tests [1,13–15]. At peripheral nerve terminals in rodents, adenosine A1 receptor activation produces antinociception, whereas adenosine A2 receptor activation produces pronociceptive or pain-enhancing properties in the sensory nerve terminal. In the spinal cord, adenosine A1 receptor activation produces antinociceptive properties in a variety of acute nociceptive, inflammatory, and neuropathic pain tests [1]. Antinociception via the A1 receptor activation in the spinal cord results primarily from postsynaptic hyperpolarization of pain-transmitting neurons through an increase in K^+ conductance and secondarily from presynaptic inhibition of the release of substance P and other excitatory neurotransmitters from sensory nerve terminals [1,6].

In contrast to adenosine administration, peripheral and spinal administration of ATP and other P2X receptor agonists elicits nociceptive behaviors and increases sensitivity to noxious stimuli in both humans and animals [5]. Physiologically, ATP is released in the periphery from neuronal and nonneuronal sources as a result of tissue injury and inflammation, and it excites nociceptive primary afferents by activating homometric P2X3 receptors or heterometric P2X2/3 receptors. Centrally, ATP (released from central afferent terminals or second-order neurons) can modulate neurotransmitter release, or it can postsynaptically activate neurons involved in central nociceptive transmission, with P2X2, P2X4, P2X6, and some other receptors being potentially involved [3]. Although P2Y receptor activation may inhibit pain behaviors in animals, intrathecal administration of ATP leads to pronociception via P2X receptors rather than antinociception via P2Y receptors [16]. Thus, endogenous and exogenous ATP acts basically as an algogenic or pronociceptive substance. When administered intravenously, however, ATP inhibits pain behaviors in response to various noxious stimuli in animal acute nociceptive pain models [8,17]. Because ATP is rapidly broken down into adenosine in the bloodstream by ectonucleotidases, with its plasma half-life less than seconds [18,19], an intravenous dose of ATP may reach a site of action as adenosine and thus may exert antinociceptive rather than pronociceptive effects in both experimental and clinical pain conditions [7,8,20,21].

Human experimental studies on pain-relieving effects of adenosine

Intravenous administration

Continuous intravenous infusion of adenosine at doses of up to $140\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ does not decrease the mean

arterial blood pressure or heart rate in conscious humans [22]. Doses up to $200\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ were given in conscious subjects [23]. However, adenosine administration at doses above $70\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ causes pain/discomfort in various parts of the body, most commonly the chest, via direct activation/sensitization of peripheral sensory nociceptive afferents [24,25]. Given as an intravenous bolus to healthy volunteers or to patients with ischemic heart disease, high-dose adenosine provokes angina pectoris-like chest pain [without electrocardiographic (ECG) signs of myocardial ischemia], which is similar to habitual angina pectoris with regard to quality and location [26]. A patient with a gastric ulcer may experience gastric pain during adenosine infusion at $50\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$, although the symptom immediately disappears following a dose reduction or discontinuation of the infusion [10], reflecting the extremely short plasma half-life of adenosine in the blood (less than seconds) [23,27]. For treatment of neuropathic pain in conscious humans, intravenous infusion of adenosine is usually given in a nonhypotensive, nonallogenic low-dose range of $50\text{--}70\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ [24,25], although some awake subjects may experience innocuous chest discomfort/pain, skin flushing, or both even at this dose [10]. In anesthetized patients, a relatively low dose of adenosine infusion ($80\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) has been used [28–30]. However, much higher doses (up to $290\text{--}500\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) also have been successfully administered using a variable rate of titration protocol (Table 1) [31,32].

In healthy volunteers with normal skin, intravenous infusion of adenosine at $50\text{--}80\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ increased a heat pain threshold but did not affect warm and cold perception thresholds [33]. Other investigators also showed the ability of adenosine to elevate the heat pain threshold of normal skin in human volunteers [34]. These studies suggested a selective influence of adenosine on thermal C fiber-mediated nociceptive transmission in the normal nonsensitized state but without influence on thermal nonnoxious threshold perception. A study using a blink reflex electrode specifically stimulating nociception-specific fibers showed that a slow intravenous injection of a potent adenosine A1 receptor agonist (GR79236 $10\mu\text{g}\cdot\text{kg}^{-1}$) inhibited the nociceptive stimulus-evoked blink reflex presumably by inhibiting trigeminal nociceptive pathways in human volunteers with normal nonsensitized skin [35].

Ischemic pain models have also been tested. Infusion of adenosine at $70\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ reduced C fiber-mediated ischemic pain induced in the arm by the submaximum effort tourniquet technique, which resembled clinical postoperative deep somatic pain [36]. Another group of investigators also showed measurable analgesic effects of adenosine infusion at $100\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ for 10 min on pain during tourniquet-induced

Table 1. Effect of intravenous adenosine infusion during surgery on postoperative pain^a

Type of surgery	Infusion rate of adenosine ($\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$)		Total dose of adenosine ($\text{mg}\cdot\text{kg}^{-1}$)	% Reduction in 24-h opioid consumption compared to control group	Reduction in pain scale compared to control group	Reference
	Intraoperative	Postoperative				
Breast surgery	80	—	4.4	27	NSR	28
Shoulder joint surgery	80	—	5.6	NSR	NSR	29
Abdominal hysterectomy	80	40 (for 3 h)	14.2	18	NSR	30
Abdominal hysterectomy or myomectomy	72–290 (variable)	—	18.7	28	46%, 33%, NSR: at 2 h, 12 h, 24 h	31
Abdominal hysterectomy or knee or hip joint surgery	166 \pm 17 (mean \pm SEM) 50–500 (variable) 292 \pm 82 (mean \pm SEM)	—	35.7	50	57%, 48%, 62%, 68%: at 2 h, 12 h, 24 h, 48 h	32

NSR, no significant reduction

^aTerms of the percentile reduction in 24-h opioid consumption and the percent reduction in pain scales at the times indicated compared to control groups

ischemia in an exercising arm [37]. In a study on patients with known effort-induced ischemic heart disease, low-dose adenosine ($35\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) reduced effort-induced angina by 45%, although it did not affect the heart rate/blood pressure product or ECG signs of myocardial ischemia, suggesting an antinociceptive effect on visceral pain as well [34].

Skin inflammation/sensitization models also have been used. Adenosine infusion at $50\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ over 70 min reduced the area of secondary allodynia/hyperalgesia by 50% in volunteers with a chemical burn experimentally induced by topical application of mustard oil [38]. In the following study, cutaneous inflammatory pain was induced by a 4-min topical application of mustard oil or by heat (47°C for 7 min) in healthy subjects, which would result in a chemical or heat burn strong enough to activate nociceptive afferent C-fibers and induce a surrounding area of secondary allodynia/hyperalgesia as an expression of central sensitization [39]. In these models, adenosine infused at $50\text{--}60\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ during the 60-min test period attenuated development of the areas of allodynia by 39% for the chemical burn and by 58% for the heat burn compared with placebo, suggesting that adenosine infusion primarily counteracts pain mechanisms involved in central sensitization. On the other hand, one study reported that intravenous infusion of adenosine at $60\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ for 85 min had no analgesic or antiallodynic/antihyperalgesic effects in a human heat/capsaicin model, where sensitization was induced by heating the skin to 45°C for 5 min followed by a 30-min application of 0.075% capsaicin cream and maintained by periodically reheating the sensitized skin to 40°C for 5 min at 40-min intervals [40]. Stimuli applied to induce skin inflammation/sensitization appeared to be less intense in the heat/capsaicin model [41] than in previous models [39]. Such methodological differences might have contributed to the different results.

Intrathecal administration

After confirming in the preclinical studies that chronic intrathecal administration of high-dose adenosine or its analogue causes no spinal neurotoxicity in rats or dogs [42–44], safety and dose escalation studies of intrathecal injection of adenosine at the lower lumbar level have been performed by two groups of investigators in human volunteers; they used a Swedish mannitol-containing formulation of adenosine (500, 1000, or 2000 μg) [45] and an American mannitol-free formulation (250, 500, 1000, or 2000 μg) [46]. These authors found that intrathecal adenosine did not produce any systemic, neurological, or cardiovascular adverse effects, although a substantial number of subjects after spinal injection experienced backache, headache, or both lasting as long as several hours, especially at the

highest dose [45,46]. Intrathecal adenosine caused a 1000- to 2000-fold elevation of the cerebrospinal fluid (CSF) adenosine concentration, with a half-life of approximately 10–20 min [45].

Various pain models have been tested. Analogous to previous studies with intravenous adenosine, intrathecal adenosine reduced the ischemic pain ratings as well as the area of secondary allodynia surrounding a chemical burn induced by topical mustard oil; and it prevented mustard oil-induced reductions in tactile pain thresholds, whereas the cold immersion pain was unaffected [45]. In another study, human volunteers were subjected to acute heat stimulation and chemical stimulation with intradermal capsaicin injection [47]. Intrathecal adenosine produced no effect on pain resulting from acute noxious thermal or chemical stimulation but reduced mechanical hyperalgesia/allodynia from intradermal capsaicin injection for at least 24 h despite the fact that adenosine was found in CSF for only a short time (<4 h). Similarly, antiallodynic and antihyperalgesic effects of intrathecal adenosine (500 and 2000 μg) were observed also using a human heat/capsaicin sensitization model [48]. The results of these studies imply that intrathecal adenosine primarily counteracts pain symptoms related to central sensitization, and the long-lasting antiallodynic or antihyperalgesic effect is not due to prolonged residence of adenosine in the CSF.

Clinical application of adenosine to chronic neuropathic pain

It has been suggested that with neuropathic pain conditions there are disturbances in the endogenous adenosine system that lead to blood and CSF adenosine deficiency, which may explain the potential therapeutic effects of adenosine or its analogues on this disease entity [49]. In the first case report, two patients suffering from neuropathic pain were treated with low-dose adenosine infusion (50–70 $\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ for 45–60 min), resulting in analgesic or antiallodynic effects (or both) lasting several hours to 48 h after termination of the infusion [24]. Subsequently, in a randomized double-blind placebo-controlled crossover study, seven patients with neuropathic pain received intravenous adenosine 50 $\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ for 45–60 min [25]. In six of the seven patients, pain ratings of the spontaneous pain were reduced by 50%, and tactile allodynia was relieved significantly. The duration of the perceived pain relief extended from 6 h to 4 days. In a randomized multicenter double-blind placebo-controlled crossover study, 26 patients with neuropathic pain received intravenous adenosine 50 $\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ for 60 min [50]. In this study, spontaneous pain ratings and the areas of

allodynia were significantly reduced by adenosine treatment but not by placebo. Two patients experienced complete pain relief that lasted more than 6 months, and improvement after adenosine in the other patients had a duration of about 10 h. Patients received repeated intravenous adenosine infusions if the duration of pain relief was longer than 1 week [10]. In such cases, repeated intravenous administration may provide progressive pain relief without causing tolerance development [51]. In another double-blind placebo-controlled crossover study, 23 patients received an intravenous infusion of adenosine 50 $\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ over 60 min [52]. It led to a significant reduction in spontaneous pain as well as pinprick hyperalgesia. Of 66 patients who participated in an open trial prior to this double-blind study, 3 experienced long-term resolution of their pain (5, 16, and 25 months, respectively) following a single intravenous adenosine infusion [52].

In the first clinical case report on intrathecal adenosine analogue administration to a patient with neuropathic pain, abolition of tactile allodynia induced by a single spinal injection of an A1 receptor agonist (R-PIA) lasted at least several months [53]. In an open-label study in 14 patients suffering neuropathic pain, 500 or 1000 μg of adenosine was injected intrathecally at the lumbar level [54]. Intrathecal adenosine reduced spontaneous pain as well as allodynia/hyperalgesia and areas of tactile allodynia. Twelve patients experienced pain relief for a median duration of 24 h. In a double-blind, crossover study of seven patients with neuropathic pain, the patients were assessed on two occasions: once with intrathecal adenosine 2000 μg and once with intravenous adenosine 2000 μg [55]. Intrathecal but not intravenous adenosine reduced the intensity and area of allodynia, (which lasted 2–24 h) without affecting the spontaneous pain.

Thus, in patients with neuropathic pain, intravenous and intrathecal adenosine reduce spontaneous pain, allodynia/hyperalgesia, or both. The antiallodynic and antihyperalgesic effects seem to be more consistent than the analgesic effect on spontaneous pain, suggesting the ability of adenosine and its analogues to affect neuronal pathophysiological mechanisms involved in central hyperexcitability (sensitization). Such beneficial effects can last longer than the period of direct exposure to these compounds, usually remaining for hours or days. It should be noted that a single session of therapy with adenosine and its analogues provides permanent (>6 months) pain relief in a limited number of patients with neuropathic pain [50,52,53].

Clinical applications of adenosine to acute perioperative pain

Continuous intravenous adenosine administration

After several pilot studies suggesting that continuous infusion of ATP ($100\text{--}130\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) and adenosine ($70\text{--}130\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) during inhalation anesthesia may replace opioids and reduce inhalational anesthetic requirements [7,56], three clinical randomized placebo-controlled double-blind studies were conducted to assess the effect of intraoperative adenosine infusion on inhalation anesthetic requirements and postoperative analgesic requirements in patients undergoing various (breast, shoulder, abdominal hysterectomy) surgical procedures (Table 1) [28–30]. Adenosine infusion at a nonhypotensive low dose ($80\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) during surgery reduced the inhalational anesthetic requirements by 20%–50% and kept intraoperative systolic blood pressure levels more stable and less responsive to painful surgical stimuli in the adenosine group than in the placebo group. After breast surgery and hysterectomy, postoperative opioid requirements during the first 24h were reduced by 27% and 18%, respectively, at a similar degree of pain relief, suggesting an extended antinociceptive/analgesic effect of the adenosine treatment [28,30].

Two additional double-blinded, comparative studies with adenosine or remifentanyl infusions have been performed in patients undergoing abdominal hysterectomy [31] and in another report abdominal hysterectomy and orthopedic hip or knee joint surgery [32], comparing the effects of intravenous infusions of adenosine and remifentanyl given as an adjunct to low, constant concentrations of desflurane (2% and 3%, respectively) with 65% nitrous oxide in oxygen (Table 1). In these two studies, sufficiently high doses of adenosine or remifentanyl infusions were carefully titrated (with variable-rate intravenous infusion) to the varying intensity of painful surgical stimulation to achieve and maintain hemodynamic stability with either adenosine ($72\text{--}290$ and $50\text{--}500\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) or remifentanyl ($0.02\text{--}0.38$ and $0.05\text{--}0.50\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) in the respective studies. In both studies, adenosine and remifentanyl infusions were equally effective anesthetic adjuvants for inhibiting cardiovascular responses to surgical stimulation; thus, excellent hemodynamic stability could be maintained during the operations by both drugs [31,32]. In addition, intraoperative levels of consciousness/hypnosis assessed by the bispectral index were similar for adenosine and remifentanyl [31]. These results clearly demonstrated that adenosine infusion could safely replace the opioid analgesic as an anesthetic adjuvant to inhaled anesthetics. In addition, both studies revealed rapid, smooth emergence from anesthesia and improved postopera-

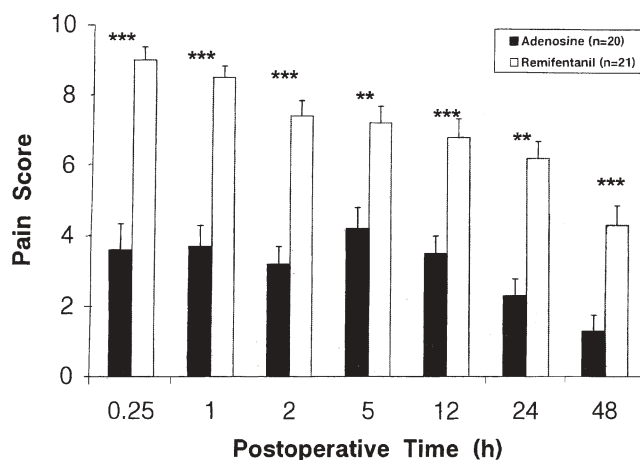


Fig. 1. Postoperative pain scores for the adenosine group (solid bars) and the remifentanyl group (open bars). A variable-rate intravenous infusion of adenosine ($50\text{--}500\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) or remifentanyl ($0.05\text{--}0.50\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) as an adjunct to inhaled anesthetics (3% desflurane and 65% nitrous oxide) was initiated 5 min before the skin incision and was titrated to maintain the systolic blood pressure and heart rate within 20% of baseline values during surgery. Postoperative pain scales: 0 and 10 indicate no pain and the worst imaginable pain, respectively. Results are expressed as the mean \pm SEM. Differences between groups at the time indicated: ** $P < 0.01$; *** $P < 0.001$ (From [32], with permission)

tive recovery profiles associated with significant reductions in postoperative pain and opioid consumption lasting 12h [31] and 48h [32] in the adenosine group compared to the remifentanyl group, again confirming that persistent analgesic effects of adenosine by far outlasted the period of adenosine infusion (Figs. 1, 2).

In another study, the combined use of regional brachial plexus block with intravenous adenosine infusion at $80\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ over 60 min in patients undergoing upper extremity surgery prolonged the duration of postoperative analgesia [57], whereas addition of adenosine (10mg) to local anesthetics for a brachial plexus block did not significantly extend the duration of analgesia [58], suggesting that peripheral nerve trunks may not be the site of action for adenosine analgesia.

On the other hand, intrathecal (spinal) adenosine (500 μg) used in patients undergoing hysterectomy or in women in labor did not attenuate acute perioperative pain or labor pain significantly [59,60], although an antinociceptive action of adenosine is probably exerted primarily at the spinal level via A1 receptor activation [1,6]. These results are in contrast to the significant perioperative analgesia induced by intravenous adenosine shown in patients undergoing various types of surgery [28–32].

Possible explanations for the difference in results between intravenous and intrathecal adenosine for acute perioperative pain are as follows. First, intravenous/

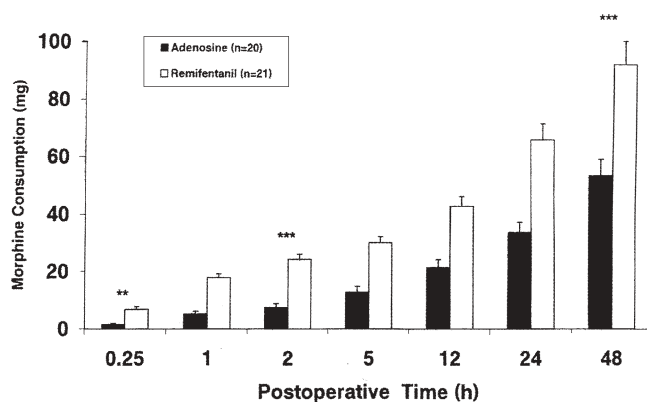


Fig. 2. Postoperative morphine consumption in the adenosine (solid bars) and remifentanyl (open bars) groups. Patients were given intravenous boluses of morphine on demand in the postanesthesia care unit (PACU) (<2 h), followed by patient-controlled analgesia (PCA) infusion pump administration. Each histogram represents the mean \pm SEM at each designated time. Because the morphine effect is longitudinally cumulative, differences between groups were compared at a specific time point [upon arrival in the PACU (<0.25 h), at discharge from the PACU (2 h), and on the following 2 days (48 h)] to minimize statistical bias. ** $P < 0.01$; *** $P < 0.001$ (From [32], with permission)

systemic adenosine may attenuate perioperative pain primarily through its antiinflammatory actions mediated by peripheral adenosine A2a or A3 receptors [61,62]. Such an antiinflammatory effect may reduce the ongoing stimulation of peripheral nociceptors by suppressing inflammation following tissue damage [10,59,60]. This assumption is supported by the result of a study showing that an antiinflammatory drug, ibuprofen, but not a long-acting selective A1-adenosine receptor agonist, SDZ WAG994, provided significant postoperative analgesia after third-molar surgery [63].

Second, intrathecal adenosine at a dose larger than 500 μg might be required to attenuate perioperative nociceptive pain. Reportedly, intrathecal adenosine at 500–2000 $\mu\text{g}\cdot\text{kg}^{-1}$ consistently attenuates allodynia, hyperalgesia, or both (an expression of central sensitization) in experimental human allodynic/hyperalgesic pain [45,47,48] or clinical neuropathic pain [54,55], but it does not affect nociceptive pain in humans [45,47]. Therefore, the dose requirement may be greater for acute nociceptive pain with massive ongoing afferent nociceptive barrages than for experimental allodynic or neuropathic pain due to central sensitization, where there may be little or no continuous nociceptive input [59]. Another explanation for the lack of efficacy by intrathecal adenosine for nociceptive pain might be due to the diffusion factor, where penetration of adenosine into the spinal cord is poor in an intact nervous system [60]. Because the spinal A1 receptor-mediated

antinociception has been demonstrated in a variety of animal nociceptive pain models using adenosine analogues and not adenosine itself [1,13], it would be relevant to study adenosine analogues with better tissue penetration in the future to increase drug concentration at the potential site of action [60].

In contrast, it does not seem clinically relevant to evaluate whether an increased intrathecal adenosine dose leads to significant antinociception in the clinical setting because intrathecal injection should, in principle, be performed in conscious subjects to avoid nerve damage, in whom intrathecal adenosine at 2000 μg is associated with frequent occurrence of headache or backache lasting as long as several hours [45,46]. In this regard, clinical trials to determine if an increased intravenous dose leads to increased antinociception can be much more easily performed in anesthetized patients [31,32]. Our animal study using a rabbit acute nociceptive pain model [64] suggested that intravenous infusion of adenosine at a high dose (200, 400, or 800 $\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) but not at a low dose (100 $\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) can significantly inhibit escape movement in response to noxious stimuli (antinociception/analgesia) in a dose-dependent manner [65]. The antinociceptive effect of adenosine, probably mediated via A1 receptor, was slow in onset and long-lasting, outlasting the infusion period by several hours, in contrast to immediate on-off profiles of its A2 receptor-mediated hypotensive effects [65]. Comparisons of data from five clinical studies on the perioperative use of intravenous adenosine [28–32] suggest that adenosine-induced postoperative analgesia is also dose-dependent in terms of the potency (peak effect) and duration of analgesia (Table 1). Clinically, intraoperative adenosine infusion, titrated at a dose of up to 500 $\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$, has been safely used in anesthetized patients [32]. It is conceivable that, when given at high doses, its central A1 receptor-mediated antinociceptive action and its peripheral A2a or A3 receptor-mediated antiinflammatory actions might have contributed preemptively to the long-lasting postoperative analgesia by intraoperative administration of adenosine [31,32].

Clinical application of ATP to acute and chronic pain

As described earlier, endogenous and exogenous ATP acts basically as an algogenic/pronociceptive substance. When administered intravenously, however, ATP may act as adenosine at sites of action in both the peripheral and central nervous systems. Therefore, we have applied ATP to acute and chronic pain [7,8,21,66,67].

For other clinical indications, ATP could be safely infused at rates of up to 350 $\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ to produce

hypotension in anesthetized patients deliberately and up to $100\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ to control pulmonary hypertension in conscious subjects [19]. Some investigators have infused ATP in cancer patients over extended periods of 30 and 96 h at rates of up to 75 and $100\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$, respectively; they found that at the higher doses patients may experience chest pain/discomfort, analogous to that seen with adenosine [68,69]. Other authors have reported that ATP infusion at $160\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ causes angina-like chest pain in most conscious subjects but with no ECG evidence of myocardial ischemia [70]. Because such pain symptoms resolve spontaneously or immediately after reducing/discontinuing the infusion without any evidence of deleterious sequelae, intravenous infusion of ATP can be performed safely [69,70]. In conscious subjects, intravenous infusion of adenosine at more than $70\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ may cause chest pain/discomfort [24,25]. Because ATP has a molecular weight 1.5 times greater than that of adenosine, adenosine at $70\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ may correspond to ATP at $105\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$. Based on these data, we infused ATP at a rate of $100\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ (or at a maximally tolerated dose if lower) in patients suffering from intractable chronic pain [21,66,67]. Similar to adenosine, ATP at $100\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ caused chest pain/discomfort in some patients without noticeable changes in the ECG. The symptoms disappeared within a minute of dose reduction or discontinuation [21,66,67], reflecting the extremely short plasma half-life of ATP and adenosine (less than seconds) [18,19,23]. In our experience, co-administration of small doses of midazolam for light sedation can safely attenuate the chest pain/discomfort to a tolerable level in most patients.

ATP as an anesthetic adjuvant

In most anesthetic practices, combinations of multiple drugs are used to achieve various endpoints of general anesthesia. Often a combination of inhalation anesthetics and several intravenous (sedative, analgesic, and vasoactive) drugs are used as a balanced anesthetic technique to avoid or minimize the adverse side effects of using a large dose of any single agent. The combined use of ATP during clinical anesthesia is not new, and the safety of ATP for inducing and maintaining deliberate hypotension for considerably long periods of time has been clinically proven. An analgesic drug with rapid-acting sympatholytic, antiadrenergic, and powerful vasodilator properties that is capable of reducing the requirement of inhaled anesthetics, opioids, or both and is easily titratable intraoperatively without cardiorespiratory depression appears to have potential advantages as an anesthetic adjuvant. Clinically, we first observed the surprisingly effective vasodilator and sympatholytic, antiadrenergic, and long-lasting antinociceptive/analge-

sic properties after intravenous ATP infusion in surgical patients during the early 1980s. Subsequent laboratory studies and clinical investigations confirmed these findings in patients undergoing various surgical procedures [7,8]. Indeed, intravenous infusion of ATP ($100\text{--}130\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$) could effectively inhibit surgical stress responses and safely reduce the anesthetic requirement up to 50%–60% for inhaled agents (halothane, enflurane, isoflurane, sevoflurane, nitrous oxide) in patients undergoing various surgical procedures, such as maxillofacial, orthognathic, superficial extremity, and intraabdominal operations.

ATP for chronic pain patients

There were few reports on the application of ATP to chronic pain patients until recently. Two case reports have now suggested that ATP may be effective in attenuating not only neuropathic pain [21] but also nonneuropathic chronic intractable pain [20]. Therefore, we applied intravenous ATP ($100\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ or less for 120 or 180 min) to patients having chronic intractable orofacial pain of neuropathic ($n = 43$) or nonneuropathic ($n = 16$) origin [67]. Two-thirds of the patients with neuropathic orofacial pain but none of the patients with nonneuropathic orofacial pain responded to ATP; the response was defined as more than 50% reduction in the spontaneous pain VAS scores. Neuropathic pain following pulpectomy with or without subsequent tooth extraction was most likely to respond to ATP. In responders, the analgesic and antiallodynic effect of ATP was slow in onset and prolonged, outlasting the infusion period by at least several hours. Antiallodynic effects tended to last longer than analgesic effects on spontaneous pain. In two patients, permanent abolition of spontaneous pain or tactile allodynia (or both) was achieved with a single ATP infusion therapy.

To clarify which type of neuropathic pain is likely to respond to ATP, 15 patients suffering intractable postherpetic neuralgia (PHN) received intravenous ATP ($100\mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ or less for 120 or 180 min), ketamine ($0.3\text{mg}\cdot\text{kg}^{-1}$), and lidocaine ($2\text{mg}\cdot\text{kg}^{-1}$) on separate days [21,66]. Seven, six, and eight patients responded to ketamine, lidocaine, and ATP, respectively. In eight ATP responders, pain relief progressed slowly during the infusion period (Fig. 3) and outlasted it for several hours; the median duration of pain relief after ATP was 9 h (range 3 h to 18 months) (Table 2). One patient experienced permanent abolition of spontaneous pain and mechanical allodynia after a single session of ATP therapy [21]. The response to ATP correlated significantly with the response to ketamine but not with the response to lidocaine (Table 2). Because ATP exerted pain-relieving effects in ketamine-responsive

Table 2. Results of drug test with intravenous ketamine, lidocaine, or ATP in 15 patients with intractable postherpetic neuralgia

Case	Age (years)	Sex	Site ^a	Pain and allodynia			Positive drug response to treatment ^b	Duration of pain relief after treatment		
				Duration (months)	Spontaneous	Allodynia		K	L	ATP
1	51	M	V2	10	+	+	K, ATP	1 h	—	4 h
2	81	F	V2	3	+	+	L	—	<1 h	—
3	79	M	V2–3	12	+	+	L	—	<1 h	—
4	49	M	V2–3	12	+	+	L	—	3 days	—
5	44	F	V3	3	+	+	L	—	<1 h	—
6	75	F	V3	4	+	+	K, ATP	1 h	—	10 h
7	60	F	V3	18	+	+	K, ATP	5 h	—	4 h
8	41	M	C4	6	+	+	L, ATP	—	<1 h	8 h
9	76	M	T1–2	72	+	+	K, ATP	4 h	—	3 days
10	74	M	T5–6	7	+	+	K, ATP	48 h	—	2 days
11	74	M	T10–12	47	+	+	—	—	—	—
12	64	F	L2	52	+	+	K, L, ATP	<1 h	1 h	3 h
13	71	F	L4–5	6	+	+	K, ATP	3 days	—	18 months
14	65	M	L4–5	4	+	—	—	—	—	—
15	69	M	S1–2	22	+	+	—	—	—	—
Median duration of pain relief in responders								4 h	<1 h	9 h

K, ketamine; L, lidocaine; ATP, adenosine triphosphate

Positive response to a drug was defined as more than 50% reduction in the Visual Analogue Scale for spontaneous pain

^aV, C, T, L, and S indicate trigeminal, cervical, thoracic, lumbar, and sacral regions, respectively

^bThe response to ATP was correlated with the response to ketamine but not with the response to lidocaine

Modified from [66], with permission, by adding data from three cases including one in [21]

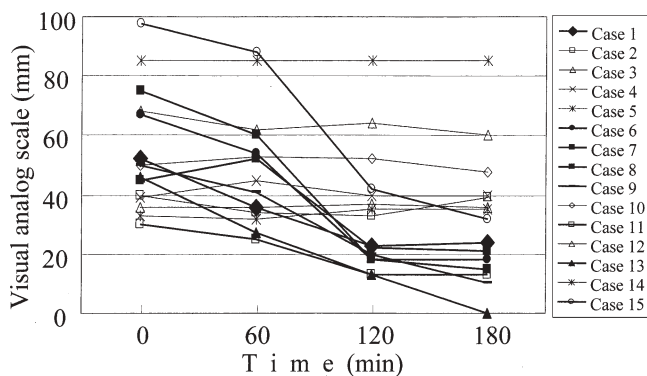


Fig. 3. Changes in the Visual Analogue Scale (VAS) for pain during infusion of ATP at $100 \mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ or less over 120 or 180 min in 15 patients with intractable postherpetic neuralgia. In eight patients VAS scores decreased slowly but progressively by more than 50% by the end of the infusion period, whereas in the remaining seven patients the VAS scores did not decrease. Thus eight patients responded to ATP, whereas seven did not (Modified from [66], with permission, by adding data from three cases including one in [21])

PHN, irrespective of the responsiveness to lidocaine, PHN pain associated with central sensitization via activation of NMDA receptors is likely to respond to ATP, whereas pain due to hyperexcitability of damaged peripheral nerves is not [21,66]. Both peripheral and central pathophysiological mechanisms contribute to PHN [71], and the relative contributions of peripheral and

central mechanisms to the pathophysiology of PHN pain differ among subjects [72]. Therefore, the response to adenosine and ATP may vary among patients because of differences in pathophysiological mechanisms underlying the PHN pain. In recent report of eight PHN patients, spontaneous pain and tactile allodynia were significantly reduced by intravenous ATP infusion at a much lower dose ($16.7 \mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ over 60 min) [73] than the dose we used ($100 \mu\text{g}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ or less over 120–180 min) [21,66,67]. Therefore, dose-response studies may be required to determine an optimal ATP infusion dose for each of the various pain conditions.

The above-described studies regarding application of ATP to painful conditions have suggested that in conscious patients intravenous ATP infusion in the currently used low-dose regimens can alleviate pain or allodynia in a substantial proportion of (though not all) patients with neuropathic pain. Similar to adenosine, the pain-relieving effect of ATP is slow in onset and long-lasting. Therefore, sufficiently high doses of ATP infusion over a long period of time (e.g., 2–3 h) may provide better pain relief than shorter infusions (e.g., 1 h or less). It is noteworthy that in a limited number of cases, permanent abolition of spontaneous pain and allodynia can be achieved with a single adenosine or ATP infusion [10,21,50,52,53,67], and that repeated adenosine or ATP infusions provide progressively improved pain relief in some responders [51,73].

Conclusions

Adenosine and ATP have been shown to have a wide spectrum of unique pain-relieving effects in various clinical situations. In patients with chronic neuropathic pain, the main effect of adenosine compounds in pain modulation seems to be mediated through A1 receptor-related modulation of central sensitization at a spinal or supraspinal level. Probably for this reason low-dose intravenous adenosine and ATP as well as intrathecal adenosine administration can reduce allodynia/hyperalgesia more consistently than it can reduce spontaneous pain. Such pain-relieving effects are slow in onset and can last longer than the period of direct exposure to these compounds, usually by hours or days. Adenosine, its analogues, and ATP may provide permanent pain relief (>6 months) in a selected group of patients with neuropathic pain. For acute perioperative pain, however, treatment with low-dose adenosine or ATP infusion and adenosine A1 receptor-mediated antisensitization mechanisms may play only a minor role in the total perioperative pain experience. Effective, long-lasting perioperative pain relief was achieved safely by administering optimal doses of adenosine compounds to individual patients using titration to achieve and maintain perioperative hemodynamic stability. Both combined central A1 receptor-mediated analgesic/antinociceptive/antisensitizing actions and peripheral A2a or A3 receptor-mediated antiinflammatory actions may make these agents particularly suitable and efficacious against acute perioperative pain, where a variety of noxious stimuli may be present. Thus, intravenous adenosine and ATP as well as intrathecal adenosine seem to be useful pharmaceuticals as a novel modality of pain treatment and therapeutic advances. Adenosine compounds appear to have potential therapeutic properties, particularly for acute perioperative pain as well as chronic neuropathic pain, where currently available pain medications have limited effect or therapeutic utility.

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